Checklist of Competencies
Medical Surgery

Name: _____ Signature/Date: _____

Highly Skilled (HS) = Strong experience and solid theoretical understanding
Skilled (S) = Moderate amount of experience, basic theoretical understanding
Proficient (P) = Some experienced, prefer strong resource when caring for this.
Limited Skill/theory (L) = Limited to no experience, little or no theoretical understanding

	H S	S	P	L	Comments		H S	S	P	L	Comments
Cardiovascular						Suprapubic catheter care					
Assessments						Continuous bladder irrigations					
Auscultation (rate, rhythm, volume)						Intermittent bladder irrigations					
Blood pressure / non-invasive						Routine urine specimen collection					
Doppler						24-hour urine specimen collection					
Heart sounds / murmurs						**ENDOCRINE / METABOLIC**					
Pulses / circulation Checks						***Assessment***					
Equipment & Procedures						S/S diabetic coma					
Basic arrhythmia interpretation						S/S insulin reaction					
Lead Placement						Use of blood glucose meter devices					
Permanent pacemaker						***Equipment and procedures***					
Temporary pacemaker						Performing finger stick					
Basic EKG interpretation						Use of visual blood glucose strips					
Recognition & Treatment Dysryrhmias						Indwelling insulin pump					
Atrial						***Insulin administration***					
Ventricular						Single type					
Heart Blocks						Mixed insulin's					
Ventricular tachycardia						Insulin infusion					
Asystole						**GASTROINTESTINAL**					
INFECTIOUS DISEASES						***Assessment***					
Assessment						Abdominal / bowel sounds					
Interpretation of blood count lab results						Fluid balance					
Equipment & Procedures						***Equipment & Procedures***					
Fever management						Administration of TPN & care of line					
Isolation						Use of feeding pump					
RENAL / GENITOURINARY						Tube feeding by gravity infusion					
Assessment						Saline lavage					
Fluid balance						Nasogastric tubes (i.e., Salem Sump, Levine)					
Interpretation of BUN & creatinine results						Nasointestinal tubes (i.e., Cantor, Miller-Abbot)					
Interpretation of electrolytes lab results						Collection of Stool Specimens					
Equipment & Procedures						Bowel preparation and cleansing procedures					
Insertion and care of catheter – male											
Insertion and care of catheter – female											
3-Way Foley catheter care											

	H S	S	P	L	Comments		H S	S	P	L	Comments
PAIN MANAGEMENT						**NEUROLOGY**					
Assessment						***Assessment***					
Pain level						Glasgow Coma Scale					
Tolerance						Level of consciousness					
Care of patient with						Pupil Checks					
Epidural anesthesia / analgesia						Orientation to person, place & time					
PULMONARY / RESPIRATORY						Active range of motion					
Assessment						Passive range of motion					
Breath sounds						***Equipment & Procedures***					
Rate and work of breathing						Assist with lumbar puncture					
ABG interpretation						Aneurysm precautions					
Sputum specimen collection						Seizure precautions					
Equipment & Procedures						Use of hyper/hypothermia blankets					
Establish airway						***Medications***					
Use of IPPB						Administration of anticonvulsants					
Assist with intubation						Administration of IV drip steroids					
Assist with thoracentesis						**ORTHOPEDICS**					
Nasal suctioning						***Assessment***					
Oral suctioning						Circulation					
Tracheostomy tube suctioning						Gait					
Assist with chest tube set-up / insertion						Range of motion / active					
Removal of chest tube						Range of motion / passive					
Chest PT						Cast Care					
Incentive spirometry						***Equipment & Procedures***					
Oxygen administration						Continuous Passive Motion devices					
Oxygen cannulas / masks						Assistive devices (ie, canes, walkers)					
Pulse oximetry						Hoyer lift					
PHLEBOTOMY / IV THERAPY						Antiembolic stockings					
Equipment & Procedures						Overhead bar & frame assembly traction					
Draw blood from central line						Skeletal traction					
Draw blood from venous stick						Bucks traction					
Inserting IV											
Mixing IV											
Regulating IV											
Discontinuing peripheral IV											
IV Infusion pump											