Checklist of Competencies
Certified Nurses Assistant

Name: _____ Signature/Date: _____

Highly Skilled (HS) = Strong experience and solid theoretical understanding
Skilled (S) = Moderate amount of experience, basic theoretical understanding
Proficient (P) = Some experienced, prefer strong resource when caring for this.
Limited Skill/theory (L) = Limited to no experience, little or no theoretical understanding

	H S	S	P	L	Comments		H S	S	P	L	Comments
CARE OF PATIENTS:						Use of aqua-K pads					
Provide AM care						Complete admission paperwork					
Provide PM care						Discharge a patient					
Assist patient with ambulation						Stock supplies					
Provide back and skin care						Clean equipment					
Care for bedsores						Answer phone					
Care of Foley catheter											
Give a bath											
Apply cold compresses											
Change non-sterile bandages											
Administer enema											
Assist with exercise/ROM											
Provide hair care											
Use correct hand-washing tech.											
Calculate and record intake/output											
Use correct isolation technique											
Complete menu with patient											
Provide oral hygiene											
Provide perineal care											
Provide post-mortem care											
Shave patient											
Transfer/transport patient											
Take vital signs (TPR & BP)											
Apply restraints											
Universal precautions											
Feed patient											
Dispose of sharps											
Use of correct side rail position											
Specimen collection											
Follow fluid restrictions											
Use of special mattresses											
Provide ostomy care											
Weigh patient, use of scale											
Apply TED hose											